



## Hedayatullah Hedayat EMPLOYEE OF THE MONTH

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## Birthday Wishes

Kardan University wishes the warmest happy birthdays to the dearest members of our team celebrating their birthdays in April 2024.



## New Employee's Introduction

**Dr. Mohd Asif Shah** has recently joined us as the dean of the faculty of economics, bringing with him a wealth of knowledge and experience in the field. Dr. Asif has a Ph.D. in economics and over a decade of teaching experience, Dr. Shah is sure to make a valuable contribution to our faculty.

With over 150 research papers published in international journals, Dr. Asif is sure to bring a fresh perspective and innovative ideas to our faculty.

We are excited to have him on board and are confident that he will make a significant impact on our team. You can contact Dr. Shah at m.asif@kardan.edu.af or on 823 VoIP.

# Dr. Mohd Asif Shah

Dean, Faculty of Economics

We are delighted to announce that Mr. Najibullah Neyazi has recently joined our university as the academic administrator for the Department of BBA. Mr. Neyazi brings over a decade of experience working in academic environments and holds a Master's degree in Business Administration.

We extend a warm welcome to Mr. Najibullah Neyazi and are excited to have him as part of our Kardan Family. With his extensive experience and expertise, we are confident that he will contribute significantly to the growth and development of our department.

We look forward to collaborating with Mr. Neyazi and achieving new heights together. Should you have any questions or require assistance, please do not hesitate to reach out to him directly via n.neyazi@kardan.edu.af and VoIP 824.



Academic Administrator, BBA

We also welcome Mr. Fakhruddin Noori as a new lecturer for the faculty of computer science. With a master's degree in technology and more than five years of teaching experience, Mr. Noori is a great addition to our team.

# You can reach him at f.noori@kardan.edu.af

Finally, Mr. Safiullah Quriashi has joined us as an executive assistant to the Chief Operating Officer (COO). As a Kardan University student with three years of experience, Mr. Quriashi is well-equipped to support our COO.

You can reach him at s.quriashi@kardan.edu.af or on 851 VoIP

# Fakhruddin Noori

# Safiullah Quriashi



## Employee of the Month

We are delighted to announce Mr. Hedayatullah Hedayat, Database and Web Developer from the MIS Department, as the Employee of the Month for March 2024.

Mr. Hedayat has showcased outstanding performance over the past three months, demonstrating his expertise and dedication.

His remarkable achievements include the development of mobile applications for Kardan University and the successful implementation of new features on both local and online university portals.

These features, such as real-time notifications, Kardan Todo list, and departmental news updates, have significantly enhanced the user experience and functionality of our systems.

We extend our heartfelt congratulations to Mr. Hedayat for his hard work and innovative contributions, and we wish him continued success in his future endeavors.

#### Mr. Hedayatullah Hedayat Web Developer

## Achievement

#### Mohammad Ayaz Azimi

Kardan University's Department of Research and Development (DRD) is pleased to announce the publication of research papers by our staff in Kardan journal of Economics and Management Science.

We congratulate Mr. Ayaz Azimi on his achievements and wish him more success in his future endeavors.

Paper can be accessed at: DOI: 10.31841/KJEMS.2023.145 https://kardan.edu.af/journals/journal.aspx?j=KJEMS&id=3322



Impact of Green Human Resource Practices on Employee Job Satisfaction with Moderating Role of Psychological Green Climate in Private Higher Education Institutions of Afghanistan

Mohammad Ayaz Azimi

To dte this article: Acimi, M. A. (2023). Impact of green human resource practices on employee job satisfaction with moderating role of psychological green climate in private higher education institutions of Alghanistan. Kardan Journal of Economics and Management Sciences, 6 (3), 1+8. DOI: 10.3184/INEMS2.023.145

To link to this article: http://dx.doi.org/10.31841/KJEMS.2023.145

#### **Riaz Ahmad Ziar - Academic Administrator BCS**

Exploring Sign Language Detection on Smartphones: A Systematic Review of Machine and Deep Learning Approaches

6069636

https://www.hindawi.com/journals/ahci/1487500/2024/

#### **Paper Title**

Exploring Sign Language Detection on Smartphones: A Systematic Review of Machine and Deep Learning Approaches

#### Journal:

Advances in Human-Computer Interaction (Hindawi-Scopus)

Date of Publication

11 March 2024

Mr. Riaz Ahmad Ziar Academic Administrator, BCS

#### Zabihullah Dalil Shinwari - Assistant Professor BCE

Pertinent Emplacement of Shear Walls to Diminish the Tor Asymmetric-RC Framed Buildings

https://doi.org/10.1051/e3sconf/202449702004

## **Paper Title**

Pertinent Emplacement of Shear Walls to Diminish the Torsional Effects in Asymmetric-RC Framed Buildings

#### Journal:

Web of Conferences (Scopus)

Date of Publication

7 March 2024 0

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Mr. Zabihullah Dalil Shinwari Lecturer, BCE

## Promotion

We are pleased to announce the appointment of Mohammad Ayaz Azimi as the acting Registrar of Kardan University.

With a demonstrated history of effective leadership and excellence in his previous role as HR Manager, the management board has full confidence in Azimi's capabilities to successfully manage both positions during this transitional phase.

His commitment to cultivating a positive work environment and dedication to upholding the university's mission and values make him an ideal candidate for this significant role. We look forward to observing the continued growth and success that Mr. Ayaz will bring to the registrar's office.

As we proceed with the recruitment process for a new HR Manager, Azimi will continue to oversee both HR and registrar responsibilities.

Congratulations to Mohammad Ayaz Azimi on his well-earned promotion.

Mohammad Ayaz Azimi Acting Registrar



We are delighted to announce the well-deserved promotion of Dr. Tufail Ahmad Peerzada to the position of DRD. Dr Tufail Ahmad Peerzada has consistently demonstrated exceptional dedication, expertise, and leadership within our academic community, making this promotion a natural progression in recognition of their outstanding contributions.

Throughout his tenure as an Assistant Professor, Dr. Peerzada has exhibited a strong commitment to advancing research initiatives and fostering an environment of innovation He has played a pivotal role in the Department showcasing his passion for excellence and advancing our academic pursuits.

In his new role as DRD, Dr. Tufail will bring his wealth of knowledge creativity, and strategic vision to lead our research and development endeavors. We are confident that he will excel in steering our institution toward new heights of scholarly achievement.

Please join me in congratulating Dr. Peerzada on this significant accomplishment. We look forward to witnessing the continued success and impact he will undoubtedly make in his new role.

## Dr. Tufail Ahmad Peerzada

Research and Development Coordinator

## University News

#### Kardan TODO

Kardan TODO is a task management system designed specifically for Kardan University employees to better manage their daily activities.

It helps the employees segment their goals into achievable activities and focus on a particular activity at a time. More importantly, it increases productivity and the feeling of knowing what to do next and when to do it relieves stress. The system consists of note-taking, task creation and delegation, and reporting.

#### **MIS Department**



#### امضاء تفاهمنامهی همکاری پوهنتون کاردان و پوهنتون پولیتخنیک

همکاریهای متقابل میان پوهنتونها و نهادهای علمی و اکادمیک برای نهادهای تحصیلی دارای پیامدهای مثبت و مفید بوده و بستری را برای تبادل تجارب میان استادان و محصلان این نهادها فراهم میسازد. این تفاهمنامهی همکاری میان پوهنتون کاردان و پوهنتون پولی تخنیک توسط رؤسای پوهنتونهای متذکره به روز یکشنبه ۲۶ جدی سال ۱۶۰۲ خورشیدی منعقد گردید. چنین اقدام، در راستای توسعه فعالیتهای علمی و تحقیقی و فراهم ساختن زمینههای مناسب برای مشارکت استادان و محصلان در تولید علم، زمینهای پهلی علمی و تحقیقی و عملی می مشترک و تبادهای مناسب برای مشارکت استادان و محصلان در تولید علم، زمینهسازی برای همکاری علمی و مسلکی، همکاری متقابل در تحقیقات علمی، همکاری در چاپ و نشر مقالات علمی و تحقیقی، تدویر برنامههای علمی مشترک و تبادل تبارب علمی میان طرفین بسا ارزنده عنوان میشود.



#### امتحان کانکور سمستر بهاری سال ۱٤۰۳ اخذ گردید.

پوهنتون کاردان خرسند است که امتحان کانکور سمستر بهاری سال ۲٤۰۳ خویش را با اشتراک صدها تن از متقاضی تحت نظارت هیئت وزارت محترم تحصیلات عالی به بهترین شکل ممکن آن، برگزار کرد. و آنعده از متقاضیان که در دور اول این امتحان نتوانسته بودند اشتراک کنند، به دور دوم (امتحان متفرقه) اشتراک کردند.



## ماہ مبارک رمضان

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِنْ مََبْلِكُمْ لَعَلَّكُمْ تَقَفُونَ ﴿١٨٣﴾ (بقره – ١٨٣)

ترجمه: ای مؤمنان، روزه بر شما مقرر شده است، چنان که بر پیشینیان تان مقرر شده بود، باشد که تقوی پیشه کنید.

#### بهترین فواید روزهداری در ماه رمضان برای بدن انسان چیست؟

یکی از واجبات و ستون دین اسلام روزه گرفتن است. مردم ۱۱ ماه را طبق معمول میخورند و مینوشند و از نعمت های الهی بهرممند می شوند. یک ماه را بنابر دستور شارع باید روزه داری کنند، تا روح خود را از هرگونه فساد و آلودگی پاک سازند. روزه داری نیز علاوه بر تعالی روح، از منظر طبابت برای جسم نیز فواید بسیار ارزشمندی دارد. در حقیقت، میتوان گفت که در همه ادیان به دستور روزمداری تاکید شده است. ما در این مقاله سعی داریم "فواید روان در می فرون داری در رمضان" را ارائه دهیم، تا علاوه بر اینکه یکی از دستورات اسلام را بجا میآورید با فواید آن برای جسم خود نیز آشنایی و آگاهی بیشتر داشته باشید. با باشگاه خبرنگاران جوان همراه باشید.

#### فواید روزه داری در ماه رمضان برای دستگاه گوارش بدن چیست؟

پزشکان معتقدند که روزمداری در یک ماه سیستم بدن را بازسازی میکند. سلول هایی که درون دستگاه گوارش هستند از ریزش بالایی برخوردارند، چون به مدت یک ماه سیستم گوارشی بدن کمتر فعالیت دارد، در حال استراحت است و امکان تجدید این سلولها وجود دارد، همچنین میزان متابولیسم افزایش یافته و سوخت و ساز بدن را تحت تاثیر قرار میدهد. در نتیجه، میزان فعالیتهای متابولیسمی به حد نرمال میرسد. بنابراین، دستگاه گوارش بعد از ماه رمضان بهتر به فعالیت خود ادامه میدهد.

#### تاثیر روزه داری در سلامت مغز تا چه حد است؟

هنگامی که فرد سالمی بیش از حد غذا مصرف میکند، نوعی اختلالات در مغز ایجاد میشود. با روزه داری، در مغز بعضی تغییرات شیمیایی رخ میدهد که به سلامت مغز تاثیر میگذارد. پروتینهایی که به هنگام ورزش کردن در مغز تولید میشود پروتینهای نوروتروفیک یاد میشوند، که آنها نیز توأم با روزهداری در ماه رمضان در مغز تولید میشوند و مدارهای عصبی فعال میشوند. رشد و فعالشدن آنها به تشکیل سیناپسهای مغز کمک میکند. هم چنین باعث تولید کتونها که یک منبع انرژی برای عصب است میشود و در توانایی ارتباط با دیگران و صبر و حوصله تاثیر مثبت می گذارد و از ابتلا شدن به بیماریهای آلزایمر و پارکینسون جلوگیری میکند.

#### روزه گرفتن در رمضان چگونه به کاهش وزن کمک می کند؟

برخی افراد چاق که میخواهند در ماه رمضان لاغرتر شوند، عوض اینکه به وزن ایدهآل خود برسند، برعکس چاق تر می شوند. دلیل آن هم میتواند پرخوریهای بعد از افطار و سحری و کمتحرکی باشد. بنابراین در این موارد باید نکاتی را رعایت کرد. نباید وعدهی سحری را حذف کرد چون با حذف این وعده، میزان قند خون افت کرده و فرد در طول روز تمایل به پرخوری و یا خوردن غذا های پرکالری پیدا میکند. خوردن غذاهای پرچرب در سحری توصیه نمیشود. باید با آب ولرم افطار کرد. فاصله بین افطار تا شام زیاد نباشد. به شرطی که شام سبک باشد.

#### سلامت قلب با روزه داری در ماه رمضان

روزهگرفتن در رمضان علاوه بر فواید دیگر ، مهمترین فایدهای که دارد بهبود سیستم قلب است. روزهداری سکته قلبی را کاهش میدهد. به این صورت که میزان هموسیستین که دلیل اصلی سکته قلبی است، کاهش مییابد. از طرف دیگر ، روزه داری نارسایی قلبی را بهبود میبخشد ، روزه داری با کاهش فشار خون و بهبود تپش قلب بیماریهای قلبی را کاهش میدهد.

#### روزه داری در ماه رمضان به سمزدایی بدن کمک میکند؟

چربیهای مواد غذایی مصرف شده و جذب شده توسط بدن در طی چندین ماه، در روزمداری ماه رمضان پاکسازی می شوند؛ به خصوص غذاهایی که دارای مواد افزودنی هستند و به مرور زمان تبدیل به سم میشوند. وقتی فرد روزه دار است بدن او برای هضم غذا انرژی صرف نمیکند، به جای آن انرژی خود را برای سوزاندن آن اضافات صرف میکند و با باز سازی بدن، سلولهای جدید تری تولید میکند.



## **Time to Read**

#### **Classroom Management**

Take a moment to think back to your time as a student and recall some of your favorite courses. Very likely, those courses were well organized, assignments were clear, lectures and classroom discussions were focused and interesting, and the professor conveyed a passion for teaching and compassion for the students. How can you create such an environment in your own courses?

Effective classroom management entails meticulous planning but also a readiness to switch gears and move away from the script when necessary; it requires firm control but also a willingness to relinquish that control to take advantage of a teachable moment; it requires leadership but also a sense of compassion and understanding of your students.



Effective classroom management begins with strong organizational skills—preparing your materials carefully, practicing with the technology, and getting a sense of how to best organize and move around in the room, but that's not where the planning ends. Consider these techniques as you develop your classroom management style:

#### Begin to establish an effective environment on the first day of class

First impressions are extremely important in setting the tone for the rest of the semester, so plan your first class carefully:

Introduce yourself. Explicitly state the way you would like to be addressed.
Consider offering an ice breaker to relax students and encourage interaction.

•Teach something; immediately begin to engage students in the course.

•Take class time to review the syllabus and emphasize important aspects.

In fact, use the syllabus to begin building student engagement even before you meet with students by ensuring that it articulates learning outcomes, class format, and expected behavior. During those first few hectic add/drop weeks, students appreciate an instructor who clearly and concisely presents a course overview.

•Expect some students to come in late. They're getting lost, too!

•Consider setting community rules (e.g., regarding phones, laptops, talking, sleeping, eating, late arrivals, and early departures) with the students; they will appreciate the democratic approach.

•Start learning names right away; anonymity discourages student engagement. Using props (name cards, photos, index cards), taking attendance (but remember that UConn policy prohibits grading attendance), and handing back papers and homework can help you to connect a name with a face.

#### Refer to First Day of Class for more information on first class activities and learning students' names.

#### Interact with students regularly

Consistent interaction will help ensure rapport and reduce classroom management issues: •Greet students as they enter the classroom

•Chat with them for a few moments—Consider opening class with a brief casual conversation about a current event or something interesting from the homework

Intersperse lecture with discussion, group work, or video segments to encourage involvement and help students connect the content with real-world events and issues

•Ask questions (giving plenty of wait time) and respond to student comments

•Make eye contact with as many students as possible during class

#### Be ready to respond to challenges

The best way to avoid challenges in the classroom is to anticipate the possibilities ahead of time and plan accordingly.

#### What will you do if students consistently arrive unprepared?

Students spend only about half the time preparing for class as faculty expect. When faculty expect students to study more and arrange class to this end, students are more productive (National Survey of Student Engagement, 2004).

#### How will you handle disruptive students?

Frequently we hear instructors lament the poor behavior of students in the classroom. UConn instructors are not the only ones who are noticing declining classroom courtesy (Schneider, 1998). This decline in courtesy and civility is resulting in frustration for instructors and students alike, reduction in student learning and student retention (Seidman, 2005).

Feldman (2001) characterized four general types of classroom incivility: •Annoyances;

- ·Classroom terrorism;
- Intimidation of the instructor; and
- •Threats or attacks on a person or person's psyche.

These four types of incivility range from arriving to class late (annoyances), to monopolizing classroom time with personal agendas (labeled as classroom terrorism by Feldman), to threatening to go to the department chair with complaints or give negative course evaluations (intimidation), to threats of physical violence or even physical attacks. The impact of each of these types of incivility on learning varies greatly but all of these types of incivility can disrupt the learning process.

#### **Be proactive**

When it comes to promoting classroom civility, "an ounce of prevention is worth a pound of cure." Expectations for behavior should be included in your syllabus, presented on the first day of class, and revisited as necessary. Along with elaborating on your expectations, the consequences for violating these expectations should be specific and consistently explained and enforced. UConn's standards should also be included so all students are aware of university policies and what is expected from them as citizens of the university community.

#### **Be specific**

Contrary to what you may think and hope some college students have not learned how to behave appropriately in the classroom. Therefore, it is necessary to provide very specific expectations. Rather than telling students to "be respectful," provide them with examples. Can students disagree with the opinions of others? Can they ask questions while you are lecturing? Can they record your lecture? Alternatively, must they express their dissenting viewpoint or ask questions in accordance to certain expectations? If so, explain what those expectations are expectations.

#### Be in control

By studying university policies and thinking through possible problems you can develop a plan of action. Although you cannot anticipate all occurrences, you can develop plans that will help in many different instances. Whether the incivility was something you addressed in your syllabus or some type of unexpected incivility, typically, immediate action is necessary to demonstrate that you have control of the classroom. The specific action taken will depend upon the infraction. UConn provides information on student conduct on the website for Community Standards. Incivility should be carefully documented along with how you handled the situation and the student's response.

#### Be a model

Your own behavior serves as a powerful representation of how you want students to behavior in the classroom and treat you and their classmates. You cannot demand respectful behavior from students if you are not respectful of them.

#### How can you encourage students to become engaged?

It can be difficult to determine why quiet students are not contributing: Are they shy or introverted by nature, do they suffer from anxiety or depression, or are they simply unprepared? Here are a few ways to tease out discussion:

Give weekly quizzes, reflection papers or homework: Many students come from a test-laden, grade-driven public school experience, so they may not think that ungraded assignments are important. Connecting preparation to even a minimally graded assignment may dramatically increase students' motivation to do their homework.

•Clarify concepts and help with problem solving: If you work with material in class, acknowledging students' ideas and offering valuable feedback, students will come to expect that they need to be prepared.

•Grade class participation: Ask your students to help establish participation expectations in the class, and then grade their contributions to discussion using a rubric, clickers, or other methods.

-Flip the classroom: Instead of using class time to lecture on the reading, establish an expectation that students must read or watch an online lecture before class in order to complete a classroom exercise (which may include group work, a case study, problem-solving, etc.).

•Make expectations clear: Set ground rules for discussion, set criteria and indicators for participation, and model those behaviors. If students appear unaccustomed to discussion, provide scaffolding by assigning roles or specific techniques (Brookfield, 2011).

•Call on students by name: When students sense that they are anonymous, they may not feel compelled to speak; show them that you are aware of them and interested and respectful enough to learn their names.

Respond positively and encourage elaboration: Learn to reply to student comments in a way that encourages participation. For example, students are more likely to participate when they do not feel threatened in class, so instead of saying, "No, that's wrong," you might ask a question that leads students to discover the error on their own. Acknowledge comments by repeating or rephrasing parts and commenting on them directly.

Introduce active learning exercises: Students who feel too on-the-spot to contribute to whole-class discussion might flourish in small groups, role plays, etc. When possible, offer a variety of ways for students to participate.

•Give think time before expecting students to respond to questions: Some of our best thinkers simply need a little time to collect and articulate their thoughts. Give 15,10 or even 30 seconds for students to answer tough questions, all the while making eye contact with them (showing that you will wait for an answer). Or ask them to take a few minutes to jot down notes and then ask what they came up with. You can also try think-pair-share exercises: After thinking and jotting notes, students discuss their responses with a nearby peer before sharing with the class.

-Show your enthusiasm: Students will participate more often if their instructors engage actively in the discussion and show that they genuinely value participation.

•The first step to getting students engaged is to get them to actually show up for class. Please see our tips on improving student attendance.

#### Should you post your lectures, slides, in-class materials, etc., online?

Weigh the pros and cons, decide on a strategy and then stick with it: Posting class materials can save time, give students more opportunities to interact with the material, and make information accessible to everyone. On the other hand, posting may reduce attendance and class interaction, and it appears to encourage a passive approach to learning.

#### Tips: Remember...Engage, engage, engage!

Don't let down once the course gets underway.

- ·Arouse students' curiosity
- ·Convey your passion for the subject
- •Make course material relevant
- •Assign challenging but achievable tasks
- ·Give students some control over their learning
- •Be available to meet students before and after class and during office hours

## Online Learning Opportunities for Kardan Employees

As we kick off the new semester with extra time on our hands, I want to suggest taking advantage of the free online courses available on Alison.com to invest in your personal and professional growth.

With a diverse catalog of over 4000 courses spanning various industries and disciplines, Alison.com provides an excellent opportunity for us to enhance our skills, expand our knowledge base, and stay ahead in our respective fields. The platform offers courses in IT, health, languages, business, management, personal development, sales and marketing, engineering and construction, teaching and academics, and more - all without any cost.

By taking advantage of this opportunity, you can explore new areas of interest, upskill in your current role, and gain valuable certifications and diplomas to add to your professional profile. These courses are designed to be flexible and accessible, allowing you to learn at your own pace and from the comfort of your own home. The certificates and diplomas obtained upon completion of these courses can serve as a testament to your commitment to continuous learning and improvement.

Furthermore, with our university's emphasis on adaptability and innovation, the skills and knowledge gained from these free courses can directly contribute to our overall professional growth and the advancement of our organization. I urge you to make the most of this period of off-time by utilizing the resources Alison.com has to offer. By embarking on this journey of self-improvement, we can emerge from this pause with newfound expertise and a competitive edge in our respective fields.

I encourage you to visit Alison.com and explore the multitude of courses available. Take this time to invest in your professional development and realize your potential.

Thank you for your attention, and I look forward to seeing the excellent strides we can make together through this initiative.



## Lucky Draw





## **Winning Prize**

Refreshment and Free Bowling Session with a Colleague at Strikers Bowling Allay







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# **Birthday Parties**

Every month, we come together to celebrate the birthdays of our dedicated university staff members. The joyous occasion features cake cutting and heartfelt birthday wishes, creating a warm and inclusive atmosphere. It's a wonderful opportunity for our university community to show appreciation for each individual and strengthen connections. As we continue this tradition, we look forward too many more moments of shared laughter and camaraderie in the months ahead.



# Inspirational Quotes

"Kindness is a mark of faith, and whoever is not kind has no faith"Hazrat Prophet Muhammad (ﷺ)

"Follow the truth even if it leads you to your death" Hazrat Abu Bakr (ﷺ)

"Take Account of yourselves before you are taken to account." Hazrat Umar ibn Al-Khattab (رضى الله عنه)

" **Knowledge** enlivens the **soul** "Hazrat Ali Ibn **Abi Talib** (رضی الله عنه)

The only **source of knowledge** is experience. " **Albert Einstein** (رضی الله عنه)

## Ramadan Mubarak

In celebration of the holy month of Ramadan, Kardan University organized Khatmul Quran ceremony and IFTAR program for all staff.







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